

**3.7 MILE Long Course                      WEEK 5**

**Men's Open Division - Long Course**

1	Brent Trail	31	22:44
2	Tristan Williams	33	23:58
3	Andrew Doherty	19	26:40
4	Kolbe Delafontaine	18	26:59
5	Jesse Keck	26	28:50
6	Peter Caffrey	25	28:56
7	Nico Dubois	28	30:33
8	Dillon Eastwood	25	32:23
9	Brian Fitzgerald	31	33:28
10	Brian Byrne	45	35:46
11	Jeremy Day	31	36:50
12	Dan Kikosicki	33	38:58
13	Brandon Shadoan	42	66:53
	Jeremiah Hawkins	37	DNS

**Women's Open Division - Long Course**

1	Margaret Graciano	33	27:30
2	Maya Bernier	20	33:21
3	Laura Russo	44	35:47
4	Jenny Caffrey	28	35:52
5	Liz Freierman	32	36:14
6	Megan Hawkins	32	37:31
6	Molly Mundy	27	37:31
8	Ashley Fife	26	37:59
9	Carrie Burkett	33	38:38
10	Victoria Weigold	26	38:53
11	Bridget McElroy	24	42:21
12	Monica Andreani	24	42:25
13	Jennifer Shadoan	39	44:15
14	Michelle Hartshorn	43	45:54
15	Annie Evankow	29	52:09
16	Charlene Carpenter	29	52:42
	Karin Bothwell	31	DNS
	Cozy Mitchell	28	DNS
	Andrea Ferron	33	DNS
	Alysia Nelson	41	DNS
	Victoria Vachon	17	DNS
	Jessica Vachon	34	DNS

**Men's Masters Division - Long Course**

1	Brad Clarke	52	30:57
2	Jason Call	49	31:02
3	Curt Haberbosch	59	31:37
4	Ben Wilcox	55	32:29
5	Pat Holland	51	34:25
6	Mark Gensamer	47	35:12
	Peter Donohoe	55	DNS
	George Adams	53	DNS
	Dean Rifanburg	46	DNS

**Women's Masters Division - Long Course**

1	Robin Haberbosch	54	33:37
2	Sue Wemyss	59	34:55
3	Kathy Bowie	49	36:27
4	Laura Brockett	59	37:38
5	Libby Smith	64	42:32
6	Nancy Eaton	51	43:04
7	Donna Torney		48:53
8	Tami Hartley	57	50:17
9	Madleine Ryan	61	50:35
9	Sherrill Tracy	64	50:35
9	Amy Wilson	48	50:35
	Ellen Chandler	58	DNS

**Men's Grand Master Division - Long Course**

1	Peter Szawlowski	76	40:06
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**Boy's Junior Division - Long Course**

1	Colby Carrier	16	41:00
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**2.5 Mile Short Course**

**Women's Open Division - Short Course**

1	Susan Thompson	44	23:41
2	Kate Stinson	39	25:12
3	Jaimie Crawford	30	28:00
4	Christy Bardeen	35	35:42
5	Maria Carrier-Bilger	38	36:52
6	Jade Burnett	19	41:08
	Rachele Harvey	26	DNS
	Suzanne Reid	42	DNS

**Women's Master Division - Short course**

1	Kristin Barbin	51	28:10
2	Linda Rich	49	28:46
3	Jennifer Landry	49	30:12
4	Emily MacDonald	54	30:58
5	Linda Dean	53	32:33

6	Velma McClure	63	38:11
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**Women's Grand Master Division - Short Course**

1	Liz Szawlowski	86	46:52
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**Men's Grand Master - Short Course**

1	Jim Drew	69	27:31
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**Men's Open Division - Short Course**

1	William Hawkes	42	27:01
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2	Joe Adams	31	27:50
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**Girl's Junior Division - Short Course**

1	Cora Treiss	14	23:55
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2	Grace Clorite	16	25:58
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3	Alyssa Delafontaine	16	26:35
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4	Beyonca Shadoan	16	40:46
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5	Ariana Van Tuil	13	51:17
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**Girl's Youth Division - Short Course**

1	Belynda Van Tuil	5	51:17
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	Amelia Reid		DNS
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**Men's Master Division - Short Course**

1	Rick Treiss	56	25:31
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2	Skip Spadaccini	62	27:23
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3	Don Bilger	60	36:53
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	Steve Dean	52	DNS
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**Boy's Youth Division - MINI Course**

1	Isaac Van Tuil	7	20:55
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	Collin Laracy	10	DNS
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**Girl's Youth Division - MINI Course**

1	Katie Laracy	8	19:35
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2	Kacie Carrier	9	25:03
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3	Alison Bilger	4	25:04
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**Men's Division - MINI Course**

1	Mike Laracy	49	19:39
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**Women's Division - MINI Course**

1	Victoria Laracy	44	19:39
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**Women's Division Walking - MINI Course**

1	Amber Day	37	24:48
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**Women's Walking Division - Long Course**

1	Nancy Lacasse	46	67:24
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	Regina Ferreira	60	DNS
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	Abby Evankow	51	DNS
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	Jesse McCreedy	46	DNS
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**Men's Walking Division - Long Course**

1	Mark Ross-Parent	56	58:17
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2	John Lacasse	51	67:24
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	Howie Wemyss	68	DNS
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**Men's Walking Division - Short Course**

1	Ed Shanshala	55	45:14
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2	Glenn Nile	50	50:14
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2	Nathan Reid	43	50:14
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**Women's Walking Division - Short Course**

1	Leah Sperbeck	56	45:14
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2	Melissa Laplowski	39	51:24
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3	Victoria Hill	60	52:35
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3	Fran Wolf	68	52:35
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5	Christine Fleming	68	55:13
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5	Kimberly Henry	71	55:13
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